



2009-2010 Award Winners

Coach of the Year

Peter Garito

Team Awards

Most Sportsmanlike Players

Wizards

Sharmin Alam

Royal Executioners

Adam Rodeghiero

Canadiens

Lisa Hackney

Rolling Thunder

Anthony Clayton

Most Valuable Players

Wizards

Mike Lavalle

Royal Executioners

Sarah Huha

Canadiens

Darcy Attas

Rolling Thunder

Jeff Allen

Team Spirit Award

Wizards

Rookie of the Year

Adam Rodeghiero

Best Defense Person

Jessie Weber

Best Defensive Forward

Jeff Allen

Most Improved player

Mike Martins

Most Sportsmanlike (Season)

Darcy Attas

Sean DeMille Award (Most Improved Team)

Royal Executioners

Doug Neuman Memorial Trophy (Best Goalie)

Paul Desaulniers

Leading Scorer (Season)

Haris Farid

Most Valuable Player (Season)

Haris Farid

Al Rossi Cup (Team with most points in Regular Season)

Wizards

Leading Scorer (Playoffs)

Haris Farid

Most Valuable Player (Playoffs)

Mike Lavelle

Chris Muss Award (Player who is most helpful outside of games)

Tim Simpson

Robb Carmichael Cup (Season Champions)

Wizards